

Official Wellness Department Grading Policy Regarding Appropriate Attire

Effective Jan 10, 2011

Class participation is the most important aspect of Physical Education. It is the student's responsibility to be in class every day ready to participate in the approved physical education uniform.

Uniform Regulations:

In order to maintain a safe environment for the students and the equipment, as well as for good hygiene, each student is required to change into the following: a RB Physical Education shirt, athletic type shorts, gym shoes and athletic socks. When the student is outside, a sweatshirt and sweatpants are acceptable as long as they conform to existing school dress policy. Dangling earrings and loose jewelry should be removed before participating in any activity. Other activities such as the climbing wall and swimming will require the removal of all jewelry.

**** The dance uniform is a black shirt and black jazz pants. Jazz shoes optional.*

For each day you are not prepared and dressed for class in the approved physical education uniform you will receive a zero. Points per no dress are progressive: first no dress = -10, second no dress = - 15, third no dress = - 20, fourth no dress= - 25, fifth no dress = - 30 sixth no dress = - 40 seventh no dress = - 50. All subsequent no dresses will compound an additional 10 points per infraction.

Grade weighting:

P.A.R. (Participation, Attitude, Respect) = 50%

Fitness = 30%

Cognitive assessments = 20%

Counselors/parents/guardians will be notified via e-mail or phone call after the 4th no dress